ÉCOLE ST. MATTHEW SCHOOL
Tel: 659-7410 Fax: 659-2128 www.gscs.ca/studentsandfamilies/schools/MAT
School email: st.matthew@gscs.sk.ca
Principal: Marc Colleaux
Vice-Principal: Daniel Denis
Office Coordinator: Claire Denis (cdenis@gscs.ca)
Secretary: Bessie Pino (bpino@gscs.ca)
Trustees: Diane Boyko, Sharon Zakreski-Werbicki, Wayne Stus, Todd Hawkins

NEWSLETTER # 31 May 2nd, 2017

Food for Thought:
“Kids can always walk around trouble if there is someplace to walk to and someone to walk with.”

ONCOURS D’ART ORATOIRE
Congratulations to Leyna M. (7/8C), who represented École St. Matthew School at the provincial French oratory competition on the weekend! She earned a third place finish. Bravo, Leyna!

TALENT SHOW
École St. Matthew Students have talent and they will have the opportunity to show it. Auditions lunch break will occur on May 1st, 2nd & 3rd. The talent show will be held on Monday and Tuesday, May 8th & 9th during the.

RACK TEAM PIZZA PARTY
Cost: $2. Please order your pizza and pay a toonie to Mlle Couture or Mme Simonot by tomorrow (Wednesday, May 3rd). The pizza party will be held this Thursday, May 4th @ 12:00 p.m. in the school gym.

ENTED HELMETS AND SKATES
Now that the skating season is over, we ask that all rented helmets and skates be returned to the school office as soon as possible. Your damage deposit will be refunded.

FUN NIGHT
During your spring clean-up time, please keep in mind that the annual École St. Matthew School Fun Night is in need of new or gently used toys for the prize table, and items for the silent auction. Please drop off items at the École St. Matthew School office or contact Jennilee Cardinal-Schultz at 306-717-0869 or via email at j.cardinal.schultz@gmail.com.

FUN NIGHT BASKET RAFFLE TICKETS
Basket raffle tickets are now available for sale during the lunch hour, until Friday, May 12th. The cost of the basket raffle tickets is $1.00 each or five for $4.00.
During the lunch hours prior to Fun Night, we will also be having a Candy Guess. The Candy Guess is one guess for $0.50 or three guesses for $1.00.
Raffle basket tickets and Candy Guesses will also be for sale during Fun Night. Winners will be announced during Fun Night.

FUN NIGHT PRIZE TABLE SET UP - VOLUNTEERS NEEDED!
A few volunteers are needed during the morning/early afternoon on Friday, May 12th to sort and set up the Prize Tables in the Small Gym. If you have a couple hours to spare, please contact Jennilee Cardinal-Schultz at j.cardinal.schultz@gmail.com.
SILENT AUCTION
It’s that time of year again, spring is in the air and we are gearing up for Family Fun Night 2017. As in the past we will be having a silent auction which will be set up in the gym. Historically this auction has had some fantastic items and I would like to thank everyone who has donated in the past. I am in need of some volunteers to canvas businesses for items for the auction. I have a request letter and info package for each canvasser and will keep track of where each person canvases to ensure there is no overlap. If you are able to help out by visiting some businesses and asking for donations it would be greatly appreciated. If you have any item or items that you would like to donate to the silent auction these items can be dropped off at the school or I can pick them up. Please label each item with your (the donor’s) name and approximate value. It is your support that makes all our events so successful and I thank you in advance!
Bev Vandenhurk
306-290-2897 (text or call) or email at bvandenhurk@shaw.ca.

KINDERGARTEN REGISTRATION 2017/2018
If your child will be 5 years of age by January 31st, 2018, he or she may begin Kindergarten in September, 2017. Please contact the school to register your child or drop in for a visit. Please share this information with neighbors who have Kindergarten age children. For more information, please call (306) 659-7410 or check our website at www.gscs.ca/studentsandfamilies/schools/MAT.

PRESCHOOL EARLY REGISTRATION FOR 2017/2018
Mes Amis Preschool is accepting registrations for the 2017/18 school year. Registration forms are available at the École St. Matthew School office or online at http://saskatoonmesamis.ca/. Questions regarding registration may be emailed to lisa_drouin@hotmail.com.

MaraFUN participants should now be at 24km and working on another 4km distance this week in order to reach the 40km goal by race day at the Sask Marathon on Sunday, May 28th. Keep in mind that the students will be running outside and your child will need to dressed appropriately. We will supervise and run with the students two times a week: Tuesday at 3:35-4:00 p.m. and Thursday at 12:15 p.m. for 10 weeks (excluding Easter break). We expect that students commit to at least one of the days to train at school. If your child is not able to complete their full 4 km for the week at school, he/she must do the rest of the distance outside of school. If there are any parents who would like to run with us, feel free to join!

Here are MaraFUN tips for Week 7:

MaraFUN Week 7: Tuesday
On the move: Pick a distance that isn’t too far—for example, from one end of a soccer field to the other. Sprint that distance as fast as you can and time how long it takes you with a stopwatch or iPod. Take a five minute break to allow your legs to recuperate. Then sprint it again and try to beat your first time. Take another five-minute break and do it a third time. Can you get faster each time? Your time should NOT decrease each time. If you do get slower with each sprint take a longer rest between the sprints.

MaraFUN Week 7: Thursday
Goal getters: Strong trunk muscles help with all of life’s activities, especially sports. This is sometimes called your “core” because it is the centre of your body and the key to your stability. Here are two exercises you can try to improve your “core” strength. The first is called a “bridge” and the other is a partial sit up.

Munch and Sip: The food we think of as “treats” are generally not healthy. Here are a few alternatives to junk food that can also become “treats”:
· Fruit
· Smoothies
· Yogurt Parfait
· Sugarless Gum
· Pizza with whole wheat crust and vegetable toppings
· Muffins, loaves, or cookies made with healthier ingredients such as whole wheat flour, oatmeal, fresh or dried fruit, and grated carrots or other vegetables

DATES TO NOTE:

口水口水 May 1st, 2nd & 3rd
* 12:00 – 12:45 p.m. Auditions for Talent Show
口水口水 May 1st – May 12th
* Basket Raffle tickets as well as candy guesses sold over the noon lunch
口水口水 Friday, May 5th
* 9:30 – 11:00 a.m. Gr. 1 students go to Roxy Theatre for the movie ‘Gus’
* Jr. Achievement for 3B & 3S
口水口水 Monday, May 8th
* 12:00 – 1:15 p.m. Talent Show in the gym
口水口水 Tuesday, May 9th
* a.m. 3B & 4/5T Historic Society workshops
* 12:00 – 1:15 p.m. Talent Show in the gym
* 1:00 p.m. 5 students from 3S to go Luther Special Care Home
口水口水 Wednesday, May 10th
* Pure Witness Retreat for K – 8
* Hot Lunch / Bake Sale 1C & 6/7Z (Edo Japan)
口水口水 Thursday, May 11th
* Pure Witness Retreat for K – 8
口水口水 Friday, May 12th
* 5:00 – 8:00 p.m. Family Fun Night
口水口水 Tuesday, May 16th
* Fredo dans le désordre Magic presentation for K – 8
口水口水 Wednesday, May 17th
* a.m. Gr. 4 – 8 Track Eliminations at Griffith Stadium
* 9:00 – 9:30 a.m. Lions Club presentation for all Grade 1 students
口水口水 Thursday, May 18th
* PLD – NO SCHOOL FOR STUDENTS
口水口水 Friday, May 19th
* School Vacation – NO SCHOOL
口水口水 Monday, May 22nd
* Victoria Day – NO SCHOOL
口水口水 Tuesday, May 23rd
* 10:00 a.m. – 12:00 p.m. 1K visits Famoso Pizzeria
口水口水 Wednesday, May 24th
* 1:00 p.m. 5 students from 7/8C go to Luther Special Care Home
* Celena visits K – 8
Thursday, May 25th
* **World Catholic Education Day**
* 9:15 – 9:45 a.m. Liturgy in the gym (K – 8)

Monday, May 29th
* 10:30 A.M. – 12:00 P.M. 1M visits Famoso Pizzeria

Tuesday, May 30th
* **all day** – Bicycle Safety for all Gr. 3 students

Wednesday, May 31st
* 1:30 p.m. Living Rosary in the gym (K – 8)

Principal Marc Colleaux
Vice - Principal Daniel Denis

COMMUNITY ANNOUNCEMENTS:

😊😊 **Holy Spirit Parish Liturgies/Events:** Phone 374-1425; Fax: 374-3190 [www.holyspiritsaskatoon.ca](http://www.holyspiritsaskatoon.ca);
[www.facebook.com/holyspiritsask](http://www.facebook.com/holyspiritsask)
**Sunday Mass Schedule:** Saturday -5:00 pm; Sunday -10:00 am, 12:00 noon, 7:00 pm

😊😊 **St. Philip Neri Parish – St. Philip Neri parish** ([www.stphilipneriparish.ca](http://www.stphilipneriparish.ca)) - Mass schedule: Saturdays/5:00 p.m.; Sundays/9:30 & 11:30 a.m.; weekday masses/8:15 a.m. except for Mondays.
* **Parish bulletin** - If you would like an e-bulletin emailed to you, please contact the parish office for arrangements to be made.

😊😊 **Sell Your Stuff or Buy Some Stuff!!**  **Brevoort Park Community Association Community Garage Sale Day**
**Saturday May 13th** 9:00 am – 4:00 p.m. (or determined by each household) BBQ in front of Brevoort Park School from 11:00 a.m. – 2:00 p.m. To Register your address call Lisa 306 262-0517 or visit our website to register online: [www.brevoortpark.ca](http://www.brevoortpark.ca)