



## ST. LUKE SCHOOL



Phone: 306- 659-7370

Fax: 306-659-2116

[www.gscs.sk.ca](http://www.gscs.sk.ca)

Office Coordinator: Mrs. J. Oberg

Vice Principal: Mr. S. Cole

Principal: Mr. D. Hyshka

Trustee Liaisons: B. Elliott, J. Carriere

[www.gscs.ca/studentsandfamilies/schools/LUK](http://www.gscs.ca/studentsandfamilies/schools/LUK)

**Tuesday, February 9, 2021**

*What happened to the mild winter weather in January ?*

*This week is Spirit Week at St. Luke School. Thank you to the students and staff for actively engaging in the week's activities. The classrooms have also been decorating their classroom doors in a Valentine's Day contest. A winner will be declared on Friday.*

*We have successfully completed the first half of our school year. We continue to accept Kindergarten registrations and plan for Term Two assessment.*

*Our Lenten journey will begin during the mid-winter break. We will collaborate with Celena from Holy Spirit Church to provide faith affirming activities for our students. These will begin upon our return from the February Break.*

*On behalf of our School staff, we wish all of our St. Luke School families a wonderful Family Day/Break, and a blessed start to your Lenten journey. Stay healthy and well!*

*Darren Hyshka,  
Principal*

*Steve Cole,  
Vice-Principal*

### **Dates to Note . . . . .**

**Monday, February 15 – Friday, February 19**

- February Break – School closed

**Wednesday, February 24**

- Pink Shirt Day (awareness for anti-bullying)



### **Valentines**

We would like to let families know that students are able to share Valentine cards.

**Please know that candy and food continue to not be permitted to be shared by students and staff due to Covid-19. Valentines cards should arrive at the school no later than 24 hours in advance of class circulation.**



### **Polar Bear Club**

We will be initiating the Polar Bear Club at St. Luke School on Wednesday, February 10th, if the weather continues to be inclement. Usually during days when the windchill and temperature exceed  $-26^{\circ}\text{C}$ , we stay inside. The Polar Bear Club would venture out for a eight to ten minute walk with our students on those days with staff supervision. Consent forms have been distributed. The signed form, along with warm clothing, is required for a student to participate.



### **February Spirit Days**

Monday, February 8 – Wear clothing to represent your favorite sport

Tuesday, February 9 – Wear the colour Red in support of Heart Health Month

Wednesday, February 10 – Hat Day

Thursday, February 11 – Wacky Hair/Sock Day

Friday, February 12 – Pyjama Day

Please know that St. Luke School continues to be closed to the public. Please contact the School Office for assistance. The phone number is 306-659-7370.

## SafeSHIP News . . .

We continue to do the February Fitness Challenge. Keep active and track your minutes!

## St. Luke CSCC . . .

The next CSCC virtual meeting will be hosted on Wednesday, March 3rd at 6:30 p.m. Please contact the school office at 306-659-7370 to have your name included for the Microsoft Team Meeting. You will receive an email invitation as your confirmation.

Thank you to the CSCC members for their continued leadership and service to the students and staff of St. Luke School.

## Holy Spirit Parish News . . .

### SUNDAY MASS SCHEDULE

Saturday 5:00 pm

Sunday 10:00 am, 12:00 noon, 7:00 pm

Father Darryl Millette, Pastor

Father Phong Pham, Pastor

Celena Komarnicki, Youth Ministry Coordinator

[www.holyspiritsaskatoon.ca](http://www.holyspiritsaskatoon.ca)

## SACRAMENTAL PREPARATION, HOLY SPIRIT PARISH: Confirmation (Grade 6 and up)

The Diocese of Saskatoon has recently moved the age of Confirmation to Grade 6. If you have a child who is in need of receiving this Sacrament, and is in Grade 6 or older, please contact Erin Gratton at [egratton@rcdos.ca](mailto:egratton@rcdos.ca) for a Registration Form and more information. Classes will take place over Zoom starting at the end of February and running until the end of March. To see the Bishop's Letter on the subject of Confirmation at an older age please visit:

[https://rcdos.ca/wp-content/uploads/2020/07/MHagemoen-to-Sask-Diocese-re-Confirmation-Jul8-2020.pdf?fbclid=IwAR24vn\\_8ae-oYLA8D5aqRU1oxef6gQVBSBFe1OPtV4TDIFQ6YSnfBlzs0qY](https://rcdos.ca/wp-content/uploads/2020/07/MHagemoen-to-Sask-Diocese-re-Confirmation-Jul8-2020.pdf?fbclid=IwAR24vn_8ae-oYLA8D5aqRU1oxef6gQVBSBFe1OPtV4TDIFQ6YSnfBlzs0qY)

## Checklist for Preparing your Family for Lent:

- Figure out what you're "giving up". (Even though "giving something up" for Lent is traditional, you can also do *extra* of stuff too, such as saying extra prayers.)
- Think "Prayer, Fasting, Almsgiving"... how are we going to do more of these things during this season?
- Lenten countdown calendar of some kind (There are many ways to count down the 40 days of Lent. You could print a calendar, make a paper chain, count almsgiving pennies... there are endless possibilities!)

## Forty-Eight Hour Self Isolation

Should a student be sent home experiencing any of the Covid-19 symptoms on the Daily Screening Questionnaire shown below, they must self-isolate at home for 48 hours (beginning the next day) and be symptom free before they return to school.

## Daily Screening for COVID-19

It is imperative that parents and guardians please screen their children before sending them to school. If a student has any one of the symptoms listed on the Daily Screening Questionnaire that is attached at the end of the newsletter, we ask that the child please remain at home until symptom-free for 48 hours. Thank you for your cooperation and assistance with this matter.

**COVID-19 Daily Screening Questionnaire**

Parents/caregivers/students must use this questionnaire daily for each student to decide if the student can attend school.

**Risk Assessment: Initial Screening Questions**

Do you, or your child, have any of the below symptoms:	CHOOSE ONE	
• Fever	Yes	No
• Cough	Yes	No
• Shortness of breath/Difficulty Breathing	Yes	No
• Sore throat	Yes	No
• Chills	Yes	No
• Painful swallowing	Yes	No
• Runny nose/Nasal congestion	Yes	No
• Feeling unwell/Fatigued	Yes	No
• Nausea/vomiting/diarrhea	Yes	No
• Unexplained loss of appetite	Yes	No
• Loss of sense of taste or smell	Yes	No
• Muscle/joint aches	Yes	No
• Conjunctivitis (Pink eye)	Yes	No
Has the person attending the facility travelled outside of Canada in the last 14 days?	Yes	No
Have you/your child had close contact (face-to-face contact within 2 meters/6 feet) with someone who has travelled outside of Canada in the last 14 days <b>and who is ill**?</b>	Yes	No
Have you/your child or anyone in your household been in close contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	Yes	No

\*\* "ill" means someone with COVID-19 symptoms on the list above"

If you have answered "Yes" to any of the above questions, please **DO NOT** enter the school at this time. You should stay home and call 811 for directions.

If you have answered "No" to all the above questions, you may attend school.

## Message from Lakeridge Community Association



Please see the attached message from the Lakeridge Community Association requesting our participation in the Saskatchewan Blue Cross and Saskatchewan In-Motion Challenge. Let's all help support this initiative for upgrades to our community tennis/pickleball Court!

- Ash Wednesday plans (check out [saskatoonmass.com](http://saskatoonmass.com) where you can live stream Masses or watch at a time that works for your family.)
- Almsgiving (You could make an offering box for Lent with your kids)
- Go to Confession (Check your church's schedule and put it on the calendar.)
- Go shopping for meatless-meal groceries for meatless Fridays and of course Ash Wednesday, or plan simple foods for fasting
- Stations of the cross activities (check out [catholicicing.com](http://catholicicing.com) for some great ideas.)
- Pray the Rosary (Especially the sorrowful mysteries during Lent)
- Put out "decorations" for Lent such as putting a crucifix more centrally located in your home, extra crosses, etc.
- Holy Week/Easter plans can wait. Let's observe Lent first!

Celena Komarnicki  
Youth Ministry Coordinator for Holy Spirit Parish



*Keep on reading for an  
exciting Lakeridge  
Community Association  
Challenge for upgrades on  
our community  
tennis/pickleball court!*

# Hey LAKERIDGE COMMUNITY, Let's Go Out & Play!



Hello,

Saskatchewan Blue Cross and Saskatchewan In-Motion have challenged communities across the province to go out and play for a chance to win **\$10,000**. LAKERIDGE has accepted the challenge, and we're going to win!

The community that moves most during the 10-day Saskatchewan Blue Cross Go Out & Play Challenge wins the \$10,000 grand prize. We'll use the grand prize money for our TENNIS/ PICKELBALL COURT rejuvenation. We need your help to win!

Here's what we need you to do:

1. Be physically active every day – go out and play! Walking, active play – even snow shoveling counts!
2. Create a profile on the Challenge website: [challenge.saskatchewaninmotion.ca](http://challenge.saskatchewaninmotion.ca) - February 17
3. Go to the Challenge website every day March 1 – 10, 2021 to log your minutes of physical activity to add to LAKERIDGE COMMUNITY'S total!
4. **Every minute counts!**

**\*\*\*\*\* IMPORTANT \*\*\*\*\***  
**Don't forget to log your minutes every day.**  
**You can't go back in time and log yesterday's minutes.**

Community organizers have planned a few events to help get us moving . You can check the LAKERIDGE COMMUNITY WEBSITE at [www.lakeridgecommunity.ca](http://www.lakeridgecommunity.ca)

We got this! Please pass this e-mail along to everyone you know. Encourage them to get active and log their minutes too.

For great ideas to get active visit [Push2Play.ca](http://Push2Play.ca) or [saskatchewaninmotion.ca](http://saskatchewaninmotion.ca).

Thank-you,  
Lakeridge Community Association