Halloween Dance – Thank you!
The Halloween Dance was a success!! Thanks to the French School Society and all the parents who helped organize and deliver this wonderful event. A total of $337.50 was collected at the door and will help us supplement our holiday hampers.

3 Way Conferences – On-line Booking with the Parent Teacher Conference Scheduler
Student Parent Teacher Conferences will take place on the following dates:

- **Thursday, November 22nd**
  from 3:45 p.m. to 7:00 p.m. and
- **Friday, November 23rd**
  from 9:00 a.m. to 12:00 p.m.

The conference scheduler will be open to parents for bookings starting on Monday, November 12th at 12:00 pm. To book your conference times, please go to [https://ptc.gscs.ca](https://ptc.gscs.ca) and log on with the username and password that you were provided with last year. New families to SFS should have received a username and password via email at the start of this school year. The cut-off date for bookings will be Wednesday, November 21st at 4:00 pm. If you are having difficulty with the process, please contact Mme Chiotis-Miehé at 306-659-7490.

Bouquinerie Gravel Bookstore will be at our school during the 3-way conferences to sell French books. For parents of Grade 5 students who have already placed an order for the French dictionary and/or the French verb conjugation book, Bouquinerie Gravel will do their best to have the orders ready to distribute during the conference dates.

**Room Parents**
Thank you to all of you who have volunteered to be room parents.

We still need volunteers for the following classrooms:

- **Bromhorst - Mat A**: Shandell Flaman
- **Bromhorst - Mat B**: Tammy Zerebeski
- **1 - Bulmer**: Kyla Golightly
- **1 - Hounjet**: Shannon White Gabrushi
- **2 – Rouleau**: Shannon McNanson
- **2 – Di Santo-Johnston**: Room parent needed
- **3 – Pouliot**: Shandell Flaman
- **3-4 – Nordick**: Shannon McNanson
  - Monica Aspiazu
- **4 – Meszaros**: Rhonda Gebert
  - Jaret Gebert
  - Alana Churchill
  - Erin Bruce
- **5 – Sperling**: Room parent needed
- **5-6 – Prost**: Room parent needed
- **6-7 – Boyenko**: Room parent needed
- **7-8 – Jeanneau**: Room parent needed

School Wins Twice
Thank you for your participation in our Schools Win Twice campaign! To be in line with Saskatchewan Gaming regulations, we must return all tickets, sold and unsold. We would appreciate that if you still have tickets, that they be returned immediately. Final prize winners will be announced in the next newsletter.

**Battle of the Books**
As you are most likely aware, the interested Grades 5 to 8 students of Saskatoon French School are competing in the Battle of the Books contest again this year. Each team will “battle” in answering questions relating to the 8 selected books. Our practice sessions are being held during the noon hour in the library. Our school competition, most likely to be held in January/February, will determine the top team to represent our school at the division battle. The dates of the “battles” will be announced at a later date. Our top team will compete against the top teams from the other participating schools.
schools in our division. Below are the 8 titles and authors:

1. Striker – David Skuy
2. The Colossus Rises – Peter Lerangis
3. Restart - Gordon Korman
4. Wild Born – Brandon Mull
5. Red River Ranging – Penny Draper
6. Number the Stars – Lois Lowry
7. A Wrinkle in Time – Madeleine L’Engle
8. Inside Out and Back Again – Thanhha Lai

Student Absences
As the safety of our students is important to us, please notify the school if your child is to be absent or late by 9:00 am. When reporting an absence, a late arrival or an early departure, please use the Safe Arrival Attendance System. A message may be left on voice mail if you wish to call outside of office hours (8:30-4:00). Students arriving late should use the main front door entrance and check in with Mme Chiotis-Miehé before heading to their classroom. Thank you for your cooperation in helping us assure the safety of our students.

French School Society’s Winter Fundraiser – Poinsettia
We are selling beautiful poinsettias, planters and wreaths to spread holiday cheer and raise money for the school. We can’t do it without you! Order forms have been distributed and are due back no later than Thursday, November 22nd. The plant pick up dates are on Wednesday, December 5th and Thursday, December 6th. Thank you for your participation.

Transportation/Crosswalk Safety
For everyone’s safety, please remember to cross the street at the designated crosswalks to come to and from our school. Also, please remind your children to always utilize the crosswalks so as to assure their safety and avoid accidents. It is also important for people picking up children to park in a safe parking zone and not in the middle of the street. This is especially crucial after school as there is a lot of pedestrian and vehicle traffic in front of the school at that time. Thanks for your cooperation. Let’s keep our children safe!

Nut Alert at Saskatoon French School
Helpful Tips for Parents:
-Parents are an important source of nutrition information, and their behavior and attitudes directly influence a child’s choice of foods. One of the best ways to teach children about healthy eating is through daily activities like shopping, trying new foods, choosing foods for meals and snacks, and preparing foods. “Learning by doing” helps children to develop skills to make healthy food choices.

Children between 6 and 12 years still require guidelines for what, when and where to eat. Parental guidance helps children to make reasonable decisions about healthy food choices. Both media and peer pressure have less influence on a child’s food preferences if there is strong parental guidance and support.

To ensure healthy balanced lunches, plan the week’s lunches with your child. Help your child with healthy food choices and preparation the night before. The more you involve your child in making the lunch, the more likely it will be eaten.

A healthy balanced lunch contains foods from each of the Four Food Groups: Grain products; Fruits & Vegetables; Milk and Milk Products; and Meat & Alternatives. A healthy lunch can improve learning, concentration, mood and behavior in the afternoon!

COMMUNITY NEWS
Tips to keep well this upcoming Flu season!
4 Simple Steps to Prevent Illness
1. Stay at home if you are ill. Keep sick children at home. Limit their contact with other people as much as possible until they are better.
2. Wash hands frequently and thoroughly with soap and water for 20 seconds. Adults should model this behaviour. In the absence of soap and water use of a minimum 60% alcohol based hand gel is recommended. Use a loonie size amount to keep the hands wet for at least 15 seconds.
3. Teach children to cover coughs and sneezes with their sleeve or use a tissue. Keep a distance of 2 metres from people who are sick.
4. Clean commonly touched surfaces such as door knobs, railings, handles and desks often.

Mme Jacqueline Castilloux
Principal
Canadian Parents for French – Saskatchewan is excited to announce the theme of French-Second-Language Education Week 2019.

Learn French... feed your brain! Apprenez le français...nourrissez votre cerveau!

French-Second-Language Education Week in Saskatchewan will be February 4-8, 2019.

Information will begin to be posted to the French-Second-Language Education Week webpage in the coming weeks. The webpage can be found here, https://sk.cpf.ca/activities/youth-activities/french-second-language-education-week/.