STUDENT NOTICES
January 27, 2020

Happy Birthday

INFORMATION:

ALPHA - All students invited to an ALPHA day - January 29th from 10am to 2pm - Talks about faith, prayer, music and food. See Mr. LeBlanc for info and to sign up.

There is some information for grad photos in the notices today or you can come to the office to read the update.

• We ask students to arrive 10 minutes before their time slot.
• Each sitting will take 20 minutes.

Graduation portrait sessions are special, once-in-a-lifetime events.

The Students are asked to bring props etc. that tell their personal story – what they were involved with during their high school years

What to Bring (maximum of three outfit changes)

• Things that highlight your achievements - sports gear, musical instruments, artwork, trophies, etc.

• Clothes that you feel comfortable in, dressy or casual – it doesn’t matter! You may also bring a change of clothes

• Full length poses available
Grooming

Guys
• You will need to be photographed without a hat for at least some of your portraits. No hat-head! So refrain from wearing a hat on your portrait day.

Girls
• Natural hair and makeup photographs best, and we want your portraits to represent the real you
• Style your hair before your session and bring a brush or comb, hairspray, pins, etc.
• Do your makeup at home and bring some along for touch-ups
  • A $30 sit fee will be collected before their appointment.
  • cash, credit, debit, & cheques.

Clothing

Girls
• Wear (or bring) a scoop or v-neck top that will not be seen under the gown

Guys
• Wear (or bring) a dress shirt and tie
  • We WILL have a white collar and tie if you forget or do not bring your own

• You will receive 20-25 proofs
• Proofs will not be retouched, but your finished portraits will be - at no charge
• The package will include your login information for the website where you can view, share and order portrait products online
The Princess Shop’s Dress Program lends brand new or gently used, donated and trendy formal dresses and accessories to create an enhanced graduation experience for female-identified graduating students that are in social and/or financial need.

Benefits to Dress Program Participants:
- Private dress appointment with compassionate volunteers to select among 2000+ updated trendy dresses. Also included: jewelry, shoes, shawls, and purses.
- Complimentary & professional hair, makeup and photography services (Saskatoon Grade 12 only)
- Access to apply to scholarships and skill development workshops exclusive to The Princess Shop (Princess Graduates can apply the year they are graduating, and any year after that, multiple times)
- Access to apply for our Fairy Godmother Program – a mentorship program that matches to needs such as career, goals, and personality for the point beyond graduation where life decisions get big!

Registration forms are available in Student Services as well as online at [http://www.theprincessshop.ca/blog/page/apply.aspx](http://www.theprincessshop.ca/blog/page/apply.aspx) After registering, participants will be contacted for a personal fitting with members of The Princess Shop volunteer team. Please note that Dress Appointments begin mid-end of January!

Did you know that EXERCISE:  (teachers please read one or two new facts each day)
- produces endorphins which makes you feel better and happier
- is effective in dealing with stress, anxiety and depression
- increases your energy level
- helps with your brain health - it increases the growth of brain cells
- improves your memory and concentration
- can help with relaxation and make you sleep better
- helps with weight loss
- is good for your bones and muscles
- can reduce your risk of chronic disease

Come to Jumpstart on Monday, Tuesday, Wednesday from 3:30-5 in the small gym to get some exercise!
Reminder: **Our School Nurse is Jen.** She is here at ED Feehan on Tuesday morning. All visits to the school nurse are confidential. The school nurse can help you with:

- Confidential one-on-one support with medical & health related matters
- Referrals to other community agencies / supports
- General first-aid
- Confidential pregnancy testing and support if required

Students are also able to text the school nurse at 306-250-5906. Look for the school nurse sign in the hallway and stop in to say hello!

**Sports**

**Dance** – Practices are Monday, Wednesday, Friday in the drama room at lunch hour.

**Clubs & SRC ~**

**Chess Club:** The Chess Club will meet on Monday at noon in room 109. Expert or beginner – all are welcome.

**Hat Day! Friday** - Do you like wearing your hat? Of course you do!! Well, you are in luck because Hat Day is the first Friday of every month. Pay a $1.00 in Room 206, get a stamp from Mr. Regel, and wear your hat all day.

**After school Fiddle program** - Wednesdays after school in the band room. Jordan Daniels is an amazing fiddler who is coming to lead the group.

**ALPHA** – All students are welcome to discuss life and meaning after school Wednesday in the Community Room.

**YAC** – All students welcome to find a place of belonging Tuesday at lunch in Room 220.
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Drumming Group Sessions - In February and March, EDF will be having an 8-session drumming workshop for male Indigenous students. These sessions will take place during the noon hour two times a week. Lunch is provided on the day of the session. If you are interested, please see Ms. Hayes or Mr. Nechvatal at the main office. There are only a limited number of spots available. The first meeting will be on Thursday, January 30th (first day of Sem 2) at noon in the Cultural Room.

* The driver training schedule is up for this week. Please check the board for your driving times. If you are in grade 10, 11 or 12 and you have not taken driver training, please come to the office and pick up an application form.

**SMOKING** — Smoking/vaping is **ONLY PERMITTED** in the Designated Smoking Area at the back of the school, behind the fence. Any student found smoking/vaping on school property will have their name submitted to the Saskatoon Police Service who will issue a Bylaw Ticket for $125.00.

**Smoke butts are being found in the outdoor play area of the daycare. Please note that children are playing outside and should have a clean area.**

Cafeteria – Daily Special

**Daily Lunch Special - $6.00**

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<th>Day</th>
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<td>Monday</td>
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<td>Tuesday</td>
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<td>Wednesday</td>
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<td>Thursday, January 30th</td>
<td>Perogies w/ Farmer Sausage</td>
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<td>Soup – Beef Borscht</td>
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<td>Friday, January 31st</td>
<td>2 piece chicken dinner</td>
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