UPCOMING EVENTS
*denotes new or edited item
Jan. 25 – Gr. 5-8 Ski Trip Wapiti Valley Resort
Jan. 28 – PLD - No School for students
Jan. 29* - Gr. 1 & 7 Dental Screening
Jan. 30 – 80’s Spirit Day
Jan. 31 – 6/7L @ Persephone Theatre - pm
Feb. 7 - Gr. 8’s @ Holy Cross – pm
Feb. 8* - Gr. 3S & 6P @ Remai Modern – pm
Feb. 18 - Family Day – No school for students
Feb. 18-24 - February Break – No school for students
Feb. 25 – School Resumes
Feb. 28* - Tim Horton’s Hot Lunch
Mar. 8* - Gr. 5-8 Ski Trip Wapiti Valley Resort

KINDERGARTEN REGISTRATION
January is Kindergarten registration month for the 2019-2020 school year. If your child will be 5 years of age by January 31, 2020, they will be eligible for Kindergarten in September 2019. Registrations forms are available from the school office. A copy of your child’s birth certificate/baptismal certificate and Saskatchewan Health card are required to complete the registration process.

STUDENT ABSENCES
The SafeArrival system recently experienced problems reporting absences through the app. The vendor has acknowledged these issues and has implemented several corrective measures to avoid similar incidents going forward. However, we wanted to take this opportunity to remind you that you should ever experience problems submitting absences online or through the app, you also have the option to submit absences to the SafeArrival system using the toll-free number: 1-844-425-7221.

If your child will be late or absent from school, please let us know. The option to call the school at 306-659-7280 and leave a message is always available.

HEALTHY HUNGER
The following Healthy Hunger lunches have been scheduled for St. Bernard School:
February 28 – Tim Horton’s Hot Lunch
If you have any questions please go to www.healthyhunger.ca or call the school.

PARKING/SAFETY REMINDERS
Let us think and plan for safety! Please do not use the staff parking lot to turn around. Please be reminded to obey all street signs regarding parking, stopping and handicap zones. Making a U-turn in a school zone is a ticketable offence. Saskatoon City Police will be monitoring our school zone and ticketing people for parking and road violations. The fine for a U-turn in a school zone is $90. Drivers must obey school zone traffic-laws between 8:00 am and 5:00 pm Monday to Friday between September and June.

OUR FAITH
The 10 Building Blocks of Catholic Social Teaching – How to Live a Culture of Encounter as Directed By Our Holy Father, Pope Francis

Building Block #8 - The Principle of Subsidiarity
This principle deals chiefly with “the responsibilities and limits of government, and the essential roles of voluntary associations”

The principle of subsidiarity puts a proper limit on government by insisting that no higher level of organization should perform any function that can be handled efficiently and effectively at a lower level of organization by human persons who, individually or in groups, are closer to the problems and closer to the ground. Oppressive governments are always in violation of the principle of subsidiarity; overactive governments frequently violate this principle.

Dental Screening Notice

A dental therapist will be at St. Bernard to provide a visual dental screening for Grades 1 & 7 students on Tuesday January 29, 2019.

The inspection is a quick visual look at your child’s teeth and mouth. If your child needs dental work a note will be sent home referring you to the Population and Public Health - Dental Clinic in Saskatoon.

If you do not wish your child to participate or if you have questions, call Leanne at (306) 280-3336.
CLARENCE DOWNEY OUTDOOR SKATING OVAL
The Clarence Downey Outdoor Skating Oval will be open to the public from mid-December to early March. Due to construction, there will be a temporary warm-up shack for the 2018-2019 season.

LAKEVIEW COMMUNITY ASSOCIATION
The Lakeview CA has partnered with the Lakeridge CA to offer more variety of programming for our residents. Please be aware that some of the locations of the classes offered are out of the Lakeview area. We do our best to communicate with our participants when a class is cancelled beyond our control. All classes are cancelled the week of the February break. Other known class date cancellations are mentioned in the description part of the class. Please note that all classes in the Lakeridge school have been pushed back by one week. For further information contact us at info@lakeviewca.com

Mass Times:
Saturday: 5:00 pm
Sunday: 10:00 am, 12:00 Noon, 7:00 pm

Weekday Times:
Tuesday to Friday – 8:30 am

Sunday Liturgies:
Saturday: 5:00 pm
Sunday 10:00 am, 12:00 Noon and 7:00 pm

PCDC contact Chantelle @606-659-7107 or cbonin.pcdc@sasktel.net

Eat Better, Eat Together
How often does your family eat together? Busy schedules can make it hard to sit down and eat as a family. On the other hand, there can be many benefits in sharing meals together as often as possible. For example, family meals may help to promote:
- communication, sharing of family values
- a sense of family tradition, feelings of security and stability
- healthy eating habits
- better manners
- better use of time by preparing only one meal and having only one mess to clean up

Children who enjoy regular family meals have been found to eat more vegetables and fruit, and less fried food and soft drinks. They get more of the nutrients and fibre they need and less saturated and trans fats. Some studies have also found that children who eat regular family meals do better in school.

Get family members involved in planning, preparation and clean-up. This takes the pressure off of one person, provides a learning experience for children, and extends your time together as a family.

These days, we tend to have more choices than ever before for family activities. When scheduling these activities, consider the benefits of regular family meals as well.

07/2018

Mrs. Moldenhauer’s Did you know …….?
Did you know that on January 25, 1924 the first Olympic winter games started? This multi-sport event was held in Chamonix, France and was organized by the French Olympic Committee.